

## Harvard Pilgrim Fitness Reimbursement Form

Please read the instructions below, then fill out the Fitness Reimbursement Form on page 2.

### Mailing Instructions

**Keep copies of all documentation before sending in your Fitness Reimbursement Form.**

Please enclose copies of the following:

1. Copy of your health club or fitness facility membership agreement
2. Completed Fitness Reimbursement Form
3. Copy of at least four months of receipts in a calendar year (cash/check/credit/electronic) for membership fees clearly documenting your name and the facility name. Fees must equal or exceed amount being claimed. (For fitness tracking devices, include a copy of your receipt.)

**Mail to:** Harvard Pilgrim Health Care  
P. O. Box 9185  
Quincy, MA 02269

## COMMONLY ASKED QUESTIONS AND ANSWERS

### How do I qualify for a reimbursement?

- If enrolled through an employer, the employer must offer Harvard Pilgrim's fitness reimbursement program. If enrolled through a Harvard Pilgrim Buy Direct plan, you'll be eligible after four months in the plan.
- Health club or fitness facility membership must be for at least four months in a current calendar year.
- Current Harvard Pilgrim membership must be at least four months in a calendar year and must coincide with four months of health club or fitness membership.

### When can I submit my Fitness Reimbursement Form?

Starting with May 1 of the current calendar year and when you have met the above-stated criteria.

### Which fitness facilities qualify?

- Full-service health/fitness clubs that have cardiovascular and strength-training equipment and facilities for exercising and improving physical fitness. Validation as full-service is subject to approval by Harvard Pilgrim.
- Fitness studios/facilities that offer yoga, Pilates, Zumba, aerobic/group classes, indoor cycling/spinning classes, kick-boxing, CrossFit, strength training, tennis, indoor rock climbing and personal training (taught by a certified instructor).
- Note: The following are not eligible for reimbursement: fees you pay for group classes or personal training outside of a fitness facility/studio, and health club initiation fees or costs that you pay for instructional dance studios, country clubs, social clubs (such as ski, riding or hiking clubs), spas, gymnastics facilities, martial arts schools, pool-only facilities, road race fees, sport camps, ski passes, sports teams or leagues, and school sports athletic user fees.

### Can I be reimbursed for the purchase of a fitness tracking device?

Not all plans include reimbursement for fitness trackers (i.e., Apple Watch, Fit-bit, Garmin, Nike, Samsung Gear, etc.). Be sure to check your plan documents to see if you are eligible before submitting this form. After you confirm that you are eligible, be sure to include all the required information on page 2.

### How much can I claim for reimbursement?

- Reimbursement for most plans is a \$150 maximum per calendar year (e.g., January–December) per family, in total for health club/fitness facility membership fees for the subscriber and/or their dependents.
- Reimbursement for some employer groups may differ.
- Per the Patient Protection and Affordable Care Act, as of January 1, 2014, coverage for some small groups, and individuals who purchase plans directly from Harvard Pilgrim, includes fitness reimbursement that is different than the standard benefit. Please see your Benefit Handbook and Schedule of Benefits for details.
- Reimbursement for fitness trackers is a \$150 maximum per calendar year (e.g., January – December) per family, for all purchased fitness trackers.
- The \$150 maximum is the combined amount for fitness facility membership fees and fitness trackers. Harvard Pilgrim will not reimburse more than this amount.

### What happens after I submit the Fitness Reimbursement Form?

- Reimbursement checks will be mailed and made payable to the Subscriber only at the Subscriber's address of record. No alternative address will be accepted.
- If you believe your current address is different than the address of record in Harvard Pilgrim's systems, please contact us prior to submitting your Fitness Reimbursement Form.
- Please allow up to 8 weeks for processing.



## Harvard Pilgrim Fitness Reimbursement Form

To be filled out by Harvard Pilgrim Health Care SUBSCRIBER only. Please use blue or black ink and print all information clearly.

### When to submit this form

- After your employer has added the fitness reimbursement program.
- After you have been a member of a fitness facility and Harvard Pilgrim Health Care for at least four months in a calendar year.
- Once per calendar year, submitted by March 31 of the following year, with all necessary receipts or proof of payment.
- After all sections have been completely filled out and signed by the subscriber.

### Section A – Subscriber Information (person who holds coverage)

Harvard Pilgrim ID Number	Subscriber's Last Name	First Name	Middle Initial
Date of Birth (mm/dd/yyyy)			
Address	City	State	ZIP Code
Daytime Phone (area code) xxx-xxxx	Company Name (Employer)	Subscriber's Email	

### Section B – Subscriber and/or Member Information for Reimbursement

Harvard Pilgrim ID Number	Last Name	First Name	Date of Birth (mm/dd/yyyy)
Harvard Pilgrim ID Number	Last Name	First Name	Date of Birth (mm/dd/yyyy)

### Section C – Fitness Facility Information (List all health club and facility memberships that you and/or your dependent(s) are submitting for reimbursement spanning the qualifying four months.)

ATTACH DOCUMENTATION	Calendar Year from: mm/dd/yyyy to: mm/dd/yyyy	Facility Name	City, State	Phone Number (Area Code) xxx-xxxx	\$ Amount being claimed
	from: to: _____				
	from: to: .				

### Section D – Fitness Tracking Device Information (List the brand – i.e., Apple Watch, Fitbit, Garmin, Nike, Samsung Gear, etc.) (NOT ALL MEMBERS ARE ELIGIBLE FOR THIS REIMBURSEMENT; see instructions on page 1)

ATTACH RECEIPT	Purchase Date	Tracking Device Brand	\$ Amount being claimed

Total number of documents \_\_\_\_\_ Total dollar amount being claimed \$ \_\_\_\_\_

### Section E – Subscriber Certification

I certify the information on the form and all supporting documents are complete, accurate and unaltered. I will attempt, in good faith, to regularly use my fitness services for which I am being reimbursed.

Subscriber's Signature \_\_\_\_\_ Date \_\_\_\_\_