



LABBB Health Office at Lexington High School

251 Waltham St. Lexington, MA 02421

Tel: 781-861-2400 ext 1009

Fax: 781-861-1351

Email: healthoffice@labbb.net

LABBB SEIZURE PROTOCOL

School Year: _____

Student name: _____ DOB: _____ School: _____

Student seizure triggers:

Student seizures usually look like:

If _____ has a seizure:

- If available, ask another staff member to notify nurse
- Stay calm and track time with watch
- Keep the student safe by moving furniture or equipment away from the student
- Do not restrain
- Turn the student gently on to one side. This will help keep the airway clear
- Place a cushion or folding cloth beneath the head for protection
- Do not put anything in the mouth
- Stay with the student until fully conscious
- Write down any observations in seizure log

If seizure lasts _____ minutes or longer, nurse is to administer Diastat _____ (dose) per MD order, call 911 and notify parents. A staff person should accompany student to the hospital if possible.

Please check here if student does not have emergency Diastat injectors:

Diastat is located: _____

CALL 911 FOR:

- A seizure lasting longer than _____ minutes (LABBB policy states 911 will be called after 5 minutes)
- Any signs of respiratory distress (stops breathing or turns dusky/blue)
- If emergency seizure medication is administered
- Other: _____



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After the seizure:

- Check the student for injuries and allow student to rest
- Notify the school nurse, if not already alerted
- Remain nearby until the student appears aware and alert
- Inform parents of seizure activity

Additional instructions, including safety devices worn and/or Vagal Nerve Stimulator (VNS) instructions:

OFF CAMPUS ACTIVITIES:

- If seizure occurs off campus on a field trip or worksite, and a nurse is not present, 911 will be called.
- Diastat CANNOT be administered by non-nursing staff.

SWIMMING:

- All students with a history of seizures are required to have:
 - 1:1 continual observation by a LABBB staff member in the pool with the student
 - Flotation device

SEIZURES AS MEDICAL EMERGENCIES:

A seizure seldom requires an ambulance or emergency treatment. A seizure is generally considered an emergency when:

- Convulsive (tonic-clonic) seizure lasts longer than 5 minutes
- Student has repeated seizures without regaining consciousness
- Student is injured
- Student is pregnant or known diabetic
- Student has a first-time seizure
- Student has breathing difficulties
- Student has a seizure in the water

(See next page for contact information, physician signature, and parent/guardian signature.)



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CONTACT INFORMATION

Parent/Guardian 1: _____

Parent/Guardian 2: _____

Home: _____ Work: _____

Home: _____ Work: _____

Cell: _____

Cell: _____

Emergency contact name: _____

Emergency contact number: _____

Primary Care MD: _____

Neurologist name: _____

Primary Care MD number: _____

Neurologist number: _____

Physician signature: _____ **Date:** _____

Parent/Guardian signature: _____ **Date:** _____

Student signature (if over 18): _____ **Date:** _____

Nurse signature: _____ **Date:** _____