



LABBB Health Office at Lexington High School

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LABBB Collaborative Sunscreen Policy and Permission

Student name: _____

DOB: _____

Too much exposure to ultraviolet light (UV) radiation from the sun causes sunburn, skin damage and increases the risk of skin cancer. Sun exposure in the first fifteen (15) years of life contributes significantly to the lifetime risk of skin cancer. LABBB Collaborative encourages parents and guardians to apply sunscreen (SPF 15 or above) to their children before sending them to school. Sunscreen can be reapplied by LABBB staff *with the following signed permission*.

Important sun and sunscreen facts:

- Students and teachers are at risk of sunburn within 10-15 minutes of being exposed to strong sunlight.
- Sunscreen should be applied frequently (15-20 minutes before going outside, then reapplied every two hours, or more frequently according to the manufacturer's instructions).
- Sunscreen should not be rubbed in – a thin film should be evident on the child's skin.
- In addition to sunscreen, wide-brimmed hats, UV-protected lip balm, and sunglasses that block UV radiation are recommended for students and teachers.

Check one of the options below:

I give permission for LABBB Collaborative staff to apply sunscreen to my child, when s/he will be outside, especially between the hours of 10:00 am and 4:00 pm.

I understand that I am required to provide the sunscreen that is to be used on my child. This sunscreen should be sent to school in the manufacturer's container and clearly labeled with the child's name.

I have read the above risks regarding the absence of sunscreen on my child, and I do not give permission for the LABBB Collaborative staff to apply sunscreen to my child.

Parent/Guardian name: _____

Parent/Guardian signature: _____

Date: _____

Student signature (if over 18): _____